



# tapas & dinner

(served 4pm-late)

Alternative Diets & Lifestyle Menu

*The majority of our menu items are made right here, including our bread and pasta. We locally source wherever we can and pride ourselves on a delicious selection of plant based, vegetarian, gluten friendly and dairy free dishes. Tapas is designed for sharing, friends & conversation. All our dishes are created to be served as Chef prepares them and to come out when ready.....order a few dishes at a time as your appetite dictates! Please let us know of any other allergies of dietary needs and we will do our very best to accommodate them.*

## ***Terra.....vegetarian and plant based dishes***

### **Our Daily Bread** 8 PLANT BASED

Fresh baked in house daily and rotating regularly.

### **Warm Olives & Bread** • 11 PLANT BASED

A selection of Mediterranean olives served warm with our daily bread selection.

### **Beet Bruschetta** • 12 GLUTEN FRIENDLY, VEGETARIAN, CAN BE PLANT BASED

Candy cane beets, EVOO, garlic, basil, whipped herbed goat cheese, grilled gluten free toast.

### **Patatas Bravas** • 13 GLUTEN FRIENDLY, DAIRY FREE, PLANT BASED

Classic Spanish potatoes, spiced tomato sauce, vegan mayo, crisped parsley

### **Halloumi Fries** • 13 GLUTEN FRIENDLY, VEGETARIAN

Black garlic aioli, tomato jam, crispy basil, smoked salt

### **Korean BBQ Cauliflower** • 14 PLANT BASED, GLUTEN FRIENDLY

A Globe signature dish...

### **Shishito Peppers** • 12 PLANT BASED, GLUTEN FRIENDLY

Sweet & smoky roasted peppers with hazelnut

### **Mushroom “Calamari”** • 13 PLANT BASED

Lightly dusted & fried oyster mushrooms, nam jim Thai dipping sauce

### **Cacio e Pepe** • 12.50 for 1 17 for 2 VEGETARIAN, GLUTEN FRIENDLY AVAILABLE

Classic central Italian buttered pasta noodles for table sharing, with black pepper & parmesan

### **Globe House Salad** • 15 PLANT BASED, GLUTEN FRIENDLY

Spinach, arugula, baby kale, roasted beets, poached pears, roasted pepita, burnt orange dressing

“Mindful eating is about awareness. When you eat mindfully, you slow down, pay attention to the food you’re eating, and savor every bite.”

## ***Carne & Mariscos.....sustainably sourced fish, seafood & meat dishes***

### **Kuterra Salmon** • 18 GLUTEN FRIENDLY, DAIRY FREE

Oceanwise fresh Namgis First Nations salmon, radish puree, nori, soy caramel, micro radish

### **Scallop & Chorizo** • 19 GLUTEN FRIENDLY

Oceanwise scallops on squid ink butter mousse, chorizo sausage, oyster mushrooms, watercress, fresh orange

### **Italian Meatballs** • 16 GLUTEN FRIENDLY

Italian style pork meatballs, napoli tomato sauce, provolone gratin

### **Pollo al Ajillo** • 16 DAIRY FREE

Garlic braised chicken breast, in white wine. lemon & garlic, finished on grill with fresh herbs, with focaccia.

### **PBJ & BB** • 15 GLUTEN FRIENDLY, DAIRY FREE

Toasted gluten free bread, foie mousse, cashews, berries, red wine gel, bacon crumb, banana chips

### **Roasted Brisket** • 17 GLUTEN FRIENDLY, CAN BE DAIRY FREE

20 hour slow roasted beef, (buttered corn puree), spicy pickle, charred onion, potato crisp

## ***Trattoria : Italian Inspired***

### **Mediterranean Deli Board** • 19 for one, 36 for two GLUTEN FRIENDLY

A selection of Italian charcuterie & artisan cheeses with gluten free crackers, relishes, pickles & accompaniments

### **Gluten Free Italian Thin Crust Pizzas** • From 22.95 GLUTEN FRIENDLY, VEGETARIAN, CAN BE DAIRY FREE, CAN BE PLANT BASED

Classic Margarita *OR* Fig, Balsamic & Smoked Stilton Cheese (All Gluten Free Base)

Add vegan cheese / vegan sausage to any pizza • 4 each

### **Gluten Free Daily Pasta Feature** • From 18.95 WITH HOUSEMADE GLUTEN FREE PASTA

Italian style, freshly made in house, changing daily

## ***Dulce : Something Sweet***

### **Raspberry Citrus Shortcake** • 10 GLUTEN FRIENDLY, PLANT BASED

Chef Julie's delicious creation of citrus curd, vegan meringue, gluten free crumble & raspberries.

### **Globe's Signature S'mores** • 18 for 2 GLUTEN FRIENDLY, VEGETARIAN

Gluten Free Graham crackers, Kahlua chocolate ganache, housemade giant marshmallows, toasted on your personal tabletop firepit. A Globe classic since 2008!

### **Warm Dark Chocolate Brownie** • 9 VEGETARIAN

Our Café favourite dark chewy chocolate brownie, served warm with vanilla ice cream, chocolate sauce and honeycomb

### **Carrot Cake** • 9 VEGETARIAN

Moist carrot cake with sweetened cream cheese, served with vanilla whip cream

